***IOANNIS GOULES LANGUAGE SCHOOL***

***Week 1 Report***

Chosen Sustainable Development Goal:

3. Good Health and Well Being

Class Participating

Nursery class (student age 3-5)

Teacher: Eirianna Karaindrou & Eleni Goule

IDEA & Purpose of the project: To raise awareness to students on how good health and well being is linked with what we consume on a daily basis. Explain how this is a global issue, essential for all human beings and children in every country of the world. Become aware of the ingredients that our meals should consist of. Learn how to construct your own dish (kinaesthetic activity). Learn new vocabulary and sing songs and rhymes.

Activities Planned

Step 1: Discussion on how healthy eating is linked to Good Health:

Students discuss with their teacher the topic of good health in relation to the consumption of fruit and vegetables

Step 2: Prepare a 3D construction:

Students construct a plate with different healthy fruit and vegetables made of paper, plastic and other material.

Step 3: Present your construction:

Students will be able to present the contents of their plate and describe their colour and taste orally

Step 4: Sing ‘Good Health’ related songs:

Students & teachers compose rhymes or learn to sing songs on the theme of Good Health, fruit and vegetables

Step 5: Presentation of what the students learned (vocabulary and songs) & constructed to their parents and fellow students:

Students present their work in the form of a small play to the rest of the school

Difficulties: The main challenge is to work on a SDG that the students of that age can identify with, understand and be able to talk about.

Besides this, the project might require more time that is offered by the school hours so the students have to come for more teaching hours. The constructions and the teaching of the presentation skills and songs to students are time consuming so we need to devote a lot of time in order to prepare sufficiently.